

# Pomembno!

Uporaba **marihuane** v nosečnosti ima lahko resne posledice za **vas** in vaš **plod!**

## Pazi, kaj uživaš:

Psihoaktivne snovi v marihuani se potencirajo!<sup>2,3</sup>

Prenesite z uporabo marihuane pred zanositvijo oziroma čim prej!

Bodite **odkriti** s svojim ginekologom ali izbrano babico. Če ne vemo, vam ne moremo nuditi najboljše možne oskrbe.



## LITERATURA

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# UPORABA MARIHUANE V NOSEČNOSTI:

pregled literature



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# KAJ JE MARIHUANA ?

Marihuana ali Cannabis sativa je psihoaktivna rastlina, ki je ena najpogosteje uporabljenih nedovoljenih drog na svetu.<sup>1,2</sup>

Zaradi večjega zaslužka gojitelji uporabljajo selektivne metode vzgajanja, s čimer povečajo psihoaktivnost marihuane.<sup>2,3</sup>

Med nosečnostjo prehaja skozi posteljico do zarodka<sup>4</sup>, torej ima lahko zanj negativne posledice.



Obnavna novorojenčka na oddelku za intenzivno terapijo<sup>8</sup>

Otrok majhen za gestacijsko starost<sup>5,8</sup>

Prezgodnji porod<sup>5,6,8</sup>

## MOŽNE POSLEDICE ZA NOSEČNOST

Astma pri mami<sup>6</sup>

Zapleti pri novorojenčku, še posebej okužbe<sup>9</sup>

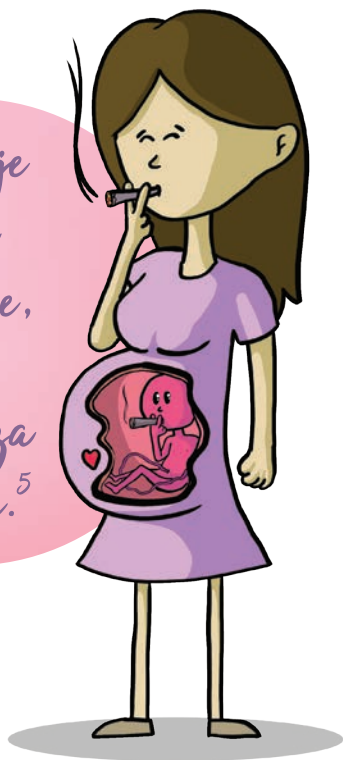
Mrtvorojenost<sup>10</sup>



*Posledice uporabe marihuane postajajo bolj očitne, ko otrok postaja starejši.*<sup>7,11-16</sup>



*Večja, kot je uporaba marihuane, večja je možnost za posledice.*<sup>5</sup>



## MARIHUANA IN DOJENJE

Marihuano dojenček dobi tudi z materinim mlekom<sup>19</sup>, a dojenje ni odsvetovano.

Mame in otroka ni priporočljivo ločevati, se pa priporoča, da spita vsak v svoji postelji.<sup>18</sup>



## DOLGOROČNE POSLEDICE

- Težave s spominom<sup>11,13,15</sup>
- Težave z uporabo, s shranjevanjem in procesiranjem podatkov<sup>15</sup>
- Nižja dosežena stopnja izobrazbe<sup>16</sup>
- Spremembe na možganih: povečan sprednji del možganske skorje<sup>15,7</sup>
- Spremembe na endokanabinoidnem sistemu<sup>7,17</sup>
- Večja možnost za uporabo marihuane pred 16. letom<sup>16</sup>
- Simptomi depresije ob starosti 10 let<sup>16</sup>